

# Hot Beverages

	REG	LARGE
Tea	£2.10	£2.30
Caffé Latte	£2.30	£2.50
Hot Chocolate	£2.30	£2.50
Caffé Mocha	£2.30	£2.50
Cappuccino	£2.30	£2.50
Americano	£2.30	£2.50
Caffé Latte (With Flavours)	£2.60	£2.80
Pot of Tea	£3.00	



## Wedding Packages



M Club wedding packages start from a simple vintage style afternoon Tea or beautifully styled canapés, right up to a full three course wedding breakfast and evening buffet.

Furnished and equipped to the highest standards, with every detail, however small taken care of for you. We offer impeccable service and a dedicated team of staff, who look forward to giving everyone a warm welcome.

Flexible, quality catering that can be tailored to meet your exact needs. Our larger dining area can comfortably seat 120 guests. Our conference room is ideal for small, more intimate dining with a capacity for 40 guests.

For more details on our wedding packages and prices please contact Tracey Email: [traceyhawkins@mclubspaandfitness.com](mailto:traceyhawkins@mclubspaandfitness.com)



## All day Breakfast

4 items - £3.99    6 items - £4.99    8 items - £5.99

Extra items - 60p

Choose from: *Bacon, Sausage, Hash Brown, Egg, Mushrooms, Beans, Tomato, Toast.*

2 rounds of toast or Teacake .....	£1.50
(served with Jam or Marmalade)	
Tea & Toast .....	£2.75
2 poached eggs on Toast .....	£3.15
Beans on toast (2 rounds) .....	£2.95
Porridge with mixed fruit & honey .....	£2.50

## Snacks

Panini .....	£4.25
Omelette .....	£4.25
Oatcake (2) .....	£3.45
Choice of 2 fillings      Extra filling 60p	
Choose from: <i>Bacon, Sausage, ham, Tuna, tomato, Mushrooms, Cheese, onion, Beans.</i>	

## Wraps

Small £3.65      Large £5.45  
Served with sour cream, salsa, grated cheese and salad garnish

Choose from:  
*Cajun Chicken & Stir fry Vegetables*  
*Mexican Chicken & Stir Fry Vegetables*  
*BBQ Chicken, caramelised onion & melted cheese*  
*Mexican Veggie Stir fry*  
*Spicy Chilli*

## Deli Rolls

Please ask for our choice of fillings

Brown or White .....	£2.95
Deli Roll Meal Deal (includes a reg drink) .....	£3.95

**Weddings, Children's Parties & Private Functions Catered for.**

## Jacket potatoes

Served with salad & homemade Coleslaw

No filling .....	£3.65
Cheese & Beans .....	£4.25
Tuna-Mayo & sweetcorn .....	£4.65
Homemade Chilli .....	£4.65

## Salads

Small - £3.65      Large - £5.65

**Ploughman's**  
Traditional ham & Cheese served with salad, Coleslaw, Pickle and a crusty roll

**Ham & Eggs**  
Served with mixed salad, Coleslaw and a honey & mustard dressing

**Caesar salad**  
Strips of chicken & crispy bacon served on a bed of mixed salad topped with parmesan, Caesar dressing and a coleslaw side.

**Cajun Chicken salad**  
Served on a bed of mixed salad with a side of Cajun sauce

**Asian Prawn salad**  
Marinated prawns served on a bed of mixed spinach salad with avocado and an Asian style dressing

**Tuna salad**  
Tuna chunks, sweet corn and red onion on a bed of mixed salad with a vinaigrette dressing

**Sweet potato salad**  
Grilled sweet potato, spring onion and chives served on a bed of mixed salad with a sherry and honey dressing

## Pasta

All served with Garlic Bread

Neopolatine .....	£3.95
Tagliatelle in a tomato, onion, pepper and herb sauce	
Carbonara .....	£4.45
Tagliatelle, ham and sauté onions in a creamy garlic & parmesan sauce	
Tuna Pasta .....	£4.45
Tagliatelle in a tomato & basil sauce with onions, pepper and sweet corn	
Beef Lasagne .....	£4.95
Served with Garlic bread and salad garnish	

## Burgers

All served on a bun with salad garnish, coleslaw and potato choice

Potato choice: *Chips, Twister fries, Wedges, Grilled sweet potato.*

Homemade chips ..... extra £1.00

**Deluxe Burger** ..... £6.45  
8oz prime beef burger with cheese, bacon and onion rings

**Chicken Burger** ..... £6.45  
Char-grilled chicken breast with salad and Garlic mayo

**Cajun Chicken Burger** ..... £6.45  
Cajun marinated chicken breast with a side of creamy Cajun sauce

**Mexican Chicken Burger** ..... £6.45  
Chicken breast grilled in Mexican spices with a side of sour cream & salsa

**Veggie Burger** ..... £6.45  
With Relish, cheese (optional) and onion rings

## Mains

Potato Choice: *Chips, Twister fries, Wedges, Jacket potato, grilled Sweet potato.*

Homemade chips ..... extra £1.00

**M Club Sandwich** ..... Small £5.45    Large £6.95  
Grilled Lemon & pepper chicken breast and crispy bacon with salad and garlic mayo between toasted bread, served with a salad garnish and a potato choice

**Chinese five spice Chicken** ..... £5.95  
Chicken and stir fry vegetables coated in a Chinese marinade served with steamed rice

**Cajun Salmon** ..... £6.55  
Pan fried salmon coated with Cajun spice served on a bed of stir fry vegetables and potato choice

**Homemade Chilli** ..... £5.95  
Served with chunky chips or steamed rice and garlic bread

**Liver and Onions** ..... £5.45  
Served in a thick rich gravy with seasonal vegetables in a giant Yorkshire pudding.

**Chicken Combo** ..... £6.75  
Butterfly chicken breast, spicy chicken wings and southern fried chicken mini fillets served with salad, coleslaw and potato choice

**Chicken Combo for 2 to Share** ..... £9.95

**Please ask for Halal options**